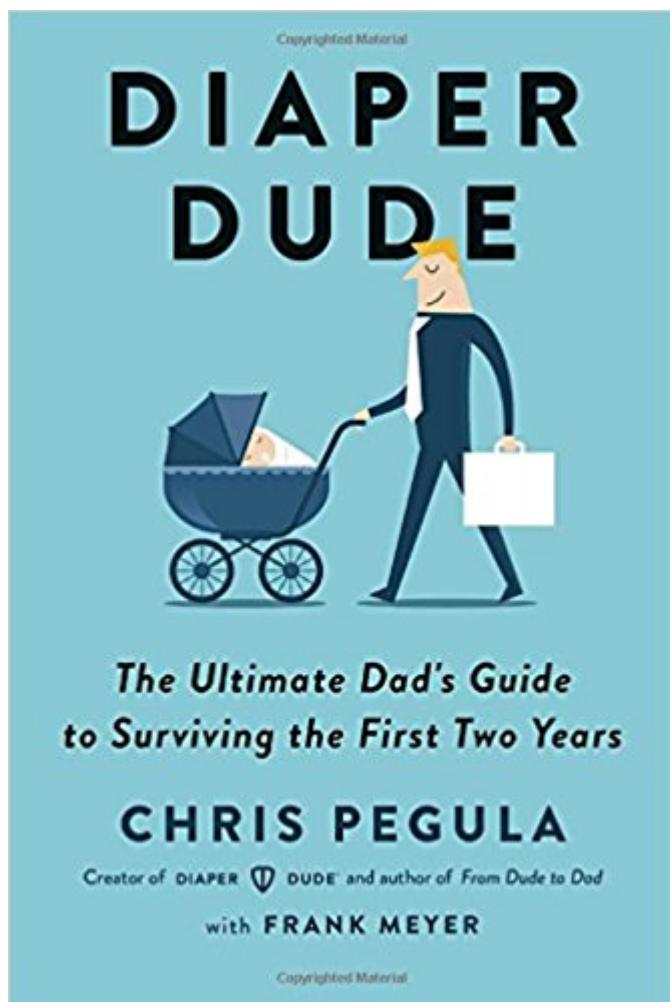


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# Diaper Dude: The Ultimate Dad's Guide To Surviving The First Two Years



## Synopsis

Dude, you're a dad now! Picking up where From Dude to Dad left off, author and founder of the popular Diaper Dude parenting brand Chris Pegula dives into the first two years of parenting and furthers his deeply held belief that you don't have to lose yourself when you become a father. Once again written in Pegula's everyman voice and filled with humorous takes on fatherhood from the front lines, the book is an easy-to-read resource for new dads, combining hard-won lessons learned, pitfalls to avoid, and practical advice from a dude who hasn't lost his identity (or his sanity).<sup>®</sup> Filled with useful information, hilarious stories of dad madness, a little psychology and science, and engaging sidebars, Diaper Dude covers everything from bonding, babyproofing, and when you'll have sex again to toddlerhood, tantrums, and tag-teaming with your partner to cover all the bases while staying (somewhat) sane.<sup>®</sup>Winner, Family Choice Award!<sup>®</sup>Winner, National Parenting Product Award!

## Book Information

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## Customer Reviews

Praise for Chris Pegula's books:<sup>®</sup> "As a new dad, I needed all the info I could get my hands on. Chris breaks it down in a way that is easy to digest and use in my everyday parenting of my little girl." --Carter Oosterhouse, celebrity host and DIY/design expert<sup>®</sup> "What happens when sperm meets egg, and dude becomes dad-to-be> Life as you know it changes forever" "and you're surprised to find, you wouldn't have it any other way. From Dude to Dad tells it like it is, and like it will be, with humor, empathy, insight, and practical relatable advice on everything from easing your partner's queasiness to handling hormones (hers and yours), sex and romance to birth

plans and car seats.â • --Heidi Murkoff, What to Expect When Youâ™re Expecting âœAs a father of three and someone who has dedicated my life to healthy families, there is a moment of awakening (and panic!) that happens from the moment you find out youâ™re expecting. From practical information to sensitive considerations and humor, this book has it all for new dads!â • --Christopher Gavigan, founder of the Honest Company/Honest.com âœIf youâ™re a dude going to be a dad, this book will make you laugh all the way to fatherhood.â • âœAdam Cohen, DaDaRocks.com âœWhether youâ™re a guy or a gal expecting a baby, Chris Pegula has your back.â • âœParents.com âœI work with thousands of expecting dads every year. I always suggest Chris Pegula's books to enhance the journey and get some laughs along the way. A must read to unlock the secrets of just how crazy becoming a parent is and how to enjoy every minute of it." --Brian W. Salmon CLC, RT

Chris Pegula, actor-turned-father-turned-designer, is the creator of Diaper Dude, Americaâ™s most high-profile line of hip gear for cool dads. After the birth of the first of his three children, Pegula noticed that most diaper bags and accessories were designed with womenâ™s sense of style in mind and created the Diaper Dude for dads. In addressing a simple need, Pegula revolutionized an industry. He has since been featured on Rachael Ray, Ellen, The Nate Berkus Show, E! News, HGTVâ™s Gotta Have It!, The Oprah Winfrey Show, and numerous other TV and radio spots. Since the launch of Diaper Dude, Chris has emerged as a lifestyle expert on all things family, parenting, and partner-related. After penning rock nâ™ roll biographies on acts such as The Ramones, Van Halen and Phil Spector, Frank Meyer teamed up with Chris Pegula for 2014â™s From Dude to Dad: The Diaper Dude Guide to Pregnancy. In addition to his writing career (Variety, LA Weekly, New Times), Meyer has a background as a Telly, Webby and W3 award winning digital content producer for Fender Guitars and G4tv, and has directed national TV commercials for the likes of NBC, Esquire Network, Sonic, Dyson, BMW, Subway, Little Caesars and Sonic.

Informative and funny! A must read for all dads!

The book does a decent job of covering all aspects of raising a baby for the first few years, with a peek into information for the following years. The problem is this information is coming from one person's limited knowledge and experience, with no facts or research to back it up. This makes it a good book for little tips like the "parenting hacks" scattered through the book, but terrible for advice on important things like circumcision and parenting styles. The book's opinion on circumcision

highlights this problem: (paraphrasing from the book) the author opted for his son to get a circumcision solely so they didn't "look different from him", and admits that his opinion might have changed after doing more research. Including the actual pros and cons for issues such as these would provide the reader the ability to make their own informed decision, rather than hearing the snap decision of the author. The other main problem with the book is the fact that it is very disorganized. There are small tip sections scattered throughout the book, but in no coherent order. This makes it feel disjointed, for example, to read a tip on preventing your baby from rolling out of bed when reading about different parenting styles. Lastly, it feels as though the author wrote the book merely to try to push his own company's product, instead of to provide the reader with helpful information. In practically every chapter, his company is shoehorned in. This makes sense when listing some helpful brands to keep an eye out for when researching baby products, but feels more like a commercial when discussing it when talking about returning to work after the baby is born. Overall, this book is a good introduction to scratching the surface of what you will go through during your child's first few years. But this can't be the only book you read as the only information is empirical and not fully thought out.

Your wife will read all the books about what to expect during pregnancy and after, none of them will give you the knowledge and parables as a dude that this tome contains. Insightful humor peppers dad-experiences as Diaper Dude Chris Pegula breaks down the true nature of fatherhood. If you read one book as a new dad, make sure this is it!

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